I. Recap:

- Schedule for remainder of our class: Feb. 28: Chapter 15 - Community; March 6: Chapter 16 - Praise/Blessing
- Song of Ascents; discipleship as pilgrimage not instant maturity overnight

Q1: In what ways has it been easy or difficult to adopt an understanding of discipleship as a pilgrimage? Have you felt the tension of wanting instant maturity throughout our class?

II. Introductory quote:

“Humility is the displacement of self by the enthronement of God.” -Andrew Murray

Q2: What’s your reaction to what Murray says?

III. Psalm 131 (ESV)

1 O LORD, my heart is not lifted up; my eyes are not raised too high; I do not occupy myself with things too great and too marvelous for me.

2 But I have calmed and quieted my soul, like a weaned child with its mother; like a weaned child is my soul within me.

3 O Israel, hope in the LORD from this time forth and forevermore.

Q3: Verse 1b means that David doesn’t occupy himself with that which is beyond human power to comprehend. How does v.1 describe humility?

Q4: What’s it like to have a soul that isn’t calm and quiet? What causes this for you?

Q5: How does verse 3 fit in with this Psalm?

IV. Quotes from Peterson’s chapter

“What is described in Scripture as the basic sin, the sin of taking things into your own hands, being your own god, grabbing what is there while you can get it, is now described as basic wisdom: improve yourself by whatever means you are able; get ahead regardless of the price, take care of me first.”

Q6: Where do you see this in your own life?
“By the grace of God we experience the marvel of being made in the image of God…I will not try to run my own life or the lives of others; that is God’s business, I will not pretend to invent the meaning of the universe; I will accept what God has shown its meaning to be…”

Q7: How does this quote begin to help us understand humility in the Christian life?

“Having realized the dangers of pride, the sin of thinking too much of ourselves, we are suddenly in danger of another mistake, thinking too little of ourselves. There are some who who conclude that since the great Christian temptation is to be everything, the perfect Christian solution is to be nothing.”

Q8: How many of us have reacted like this before? How do we find a good in-between?

V. Conclusion

- Summarize or put into your own words take-away from today.